



PRESBYTERY OF THE MISSISSIPPI VALLEY

Day of Prayer & Fasting

SEPTEMBER 21

Highlands Presbyterian Church
Worship Services: 12 & 6 PM
Sanctuary open for prayer: 9 AM-6 PM

Sign up for the prayer guide
& RSVP for the in-person event at

fpcj.ms/fast2026

From the earliest days of the Church (Acts 13:2–3), Christians have set apart times for fasting, prayer, and worship; yet the practice has grown rare in our age of plenty.

WHY FAST?

Fasting fixes our hearts on heaven, sharpens our prayers, and humbles us in dependence upon the Lord. When we fast together, these graces are shared and strengthened in the body.

Therefore, the Presbytery of the Mississippi Valley invites all who would join us, to worship, fast, and pray. Let us seek the Lord's face while He may be found.

Day of Prayer & Fasting

SEPTEMBER 21

Location	Highlands Presbyterian Church 1160 Highland Colony Pkwy., Ridgeland, MS	
Worship Services	12 PM 6 PM	Dr. David Irving, RTS-Jackson Dr. David Strain, FPC Jackson
Schedule	9 AM-NOON 12-1 PM 1-5:45 PM 6-7 PM	Group & Individual Reading, Meditation, and Prayer Worship Service Group & Individual Reading, Meditation, and Prayer Worship Service
Prayer Guide	We will have a prayer guide available for those who join in person at Highlands. Can't join us in person? We would love to email you a copy. Register online to receive one.	
Register	RSVP for the in-person event at fpcj.ms/fast2026 to help us plan	