

Life toward God

KIDS

daily devotions

El Roi: The God Who Sees

Rebecca Hardy

Scripture

I lift up my eyes to the mountains—
where does my help come from?
My help comes from the Lord,
the Maker of heaven and earth.

He will not let your foot slip—
he who watches over you will not slumber;
indeed, he who watches over Israel
will neither slumber nor sleep.

The Lord watches over you—
the Lord is your shade at your right hand;
the sun will not harm you by day,
nor the moon by night.

The Lord will keep you from all harm—
he will watch over your life;
the Lord will watch over your coming and going
both now and forevermore.

Psalm 121

Devotion

We know our bodies need rest and sleep as we grow, but have you ever thought about how our God, the one true God, never sleeps? He gives us His Word, and all of it is true, and the Bible tells us He knows us, He made us, He helps us, He wants us to come to Him, and He sees us all the time. He sees us when we play, and He sees us when we sleep. He sees us when we are happy, and He sees us when we are sad. He sees us when we make the right choices. He sees us when we make mistakes and sin, and He sees us when we repent. It brings him great joy to see us in all of what we do because He made us and we are his. We are never alone. He helps us. Our God is the God who sees us. We can rest because he doesn't! And aren't we thankful?!

Today as you go about your day, talk with your family about the ways God sees us and watches over us as He protects us and enjoys us. He promises that He will watch over you as you come and go. Today and always! He always keeps his promises. We can be thankful!

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Questions

3-5-yr-olds

Can you think of a time that God is with you when you are happy?
How is God with you when you are sad?

1st-3rd graders

When are you thankful that God is with you?

4th-6th graders

God sees us when we do the right thing even when no one else is around to see. How can this encourage you to make the right choices and glorify him? How can you encourage others to do the same?

Prayer

Dear God, You are mighty and we are thankful that because you never sleep, we can rest in you. Please forgive us when we forget this truth, watch over us and remind us that you are with us always. It's in Jesus name we pray, Amen.

Suggested Hymns

“My Heart is Filled with Thankfulness”
Keith and Kristyn Getty

All Praise to Thee, My God, This Night
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