

# Facing Disappointment in Light of God's Faithfulness Deborah Oakley

### Scripture

"And we know that for those who love God all things work together for good, for those who are called according to his purpose." Romans 8:28

#### Devotion

One Christmas, when I was a little girl, I asked for a special kind of doll called a Cabbage Patch Kid. They were very hard to buy. Sometimes people stood in line for hours just hoping the store would have one. On Christmas morning, I did not get the doll I wanted. Instead, I found a globe of the world under the Christmas tree. I was so disappointed. And to make matters worse, all of my friends and cousins got the dolls I wanted. They all looked so happy playing with their dolls, and all I could do was spin my globe and look at the countries of the world.

Disappointment sometimes makes us sad. Maybe there is something you're disappointed about right now. Maybe a birthday party you were planning had to be cancelled. Or maybe a trip you were looking forward to taking has to be delayed. Or maybe you can't go to school and see all of your friends. But did you know that, as Christians, we have something that can help take away our sadness in disappointment?

The Bible tells us in Romans 8:28, "that in all things God works for the good of those who love him, who have been called according to his purpose." Even when we don't get the present we want, or fun things get cancelled, or we have to stay home from school, we know that God is still taking care of us. Even more, he wants us to tell him when we are sad and disappointed. Philippians 4:6-7 "...in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." God always keeps his promises, and he has promised to help our sad and disappointed hearts when we trust him.



#### Questions

3-5-yr-olds

Is there something you are sad about missing right now?

1st-3rd graders

When you're disappointed about something, do you complain and grumble? Or do you pray and ask that God would help your sad heart?

4th-6th graders

Can you think of examples of stories in the Bible when God helped sad people and used their disappointment for something even better in their lives? Do you trust that God will use the current hard circumstances of your life for your good and His glory?

### Prayer

Father God, thank you that you love us no matter what our circumstances. Thank you for always working things out for our good and your glory. Please help me to trust your promises when I'm sad about not getting the things I want, or missing the things I used to do. In Jesus name, Amen.

## Suggested Hymns

"Great is Thy Faithfulness" #32

"From Depths of Woe I Raise to Thee" #554

"Come, Thou Fount of Every Blessing" #457